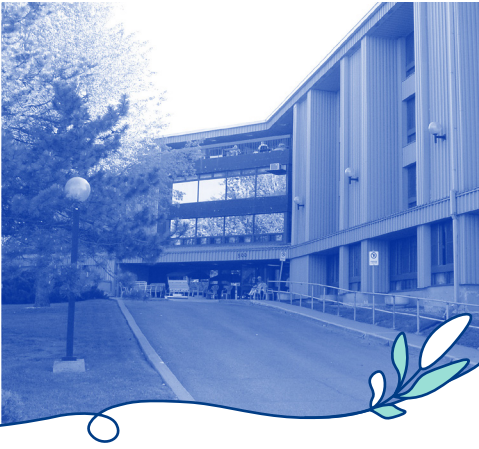




CHSLD de La Prairie palliative care unit

WHAT YOU NEED TO KNOW

This quiet, peaceful palliative care residence is staffed by a devoted team of multidisciplinary professionals highly trained to support residents and their families through the final stage of life.

The Centre d'hébergement de La Prairie is located next to the historic Vieux-La Prairie neighbourhood, close to all amenities and easily accessible by highways 15 and 30. A unit of **twelve private rooms** on the ground floor can accommodate adults admitted from home or hospital.

Residents and their families have the use of a spacious family room, including a children's play area, where they can spend precious time together. An accessible backyard, recreational activities, and various services are also offered to give residents and their families a personalized experience in tune with their evolving needs.

What are the eligibility criteria for admission to the CHSLD de La Prairie palliative care unit?

Eligibility criteria:

- 18 years and over;
- Diagnosed with a terminal disease with a life expectancy of less than three months;
- Require specialized palliative care;
- Informed that all available treatments to cure or alter the course of the disease have been exhausted;
- Voluntarily consent to being admitted.

Exclusion criteria:

- Under 18 years old;
- Already a permanent resident in a long-term care centre;
- Wandering or behavioural disorders.

You may visit the palliative care unit by appointment.

500 avenue Balmoral
La Prairie (Québec) J5R 4N5
450-659-9148, ext. 8227

Date: _____

Time: _____

? Questions and answers

How much does it cost to stay in a room on the palliative care unit?

The stay is free (including medication).

* However, if the resident's condition stabilizes during their stay, and they no longer require specialized care, they will be transferred to a more appropriate living environment (fees will apply).

What are the visiting hours?

Loved ones are welcome at any time. The unit's administrative officer will give you an access card that you can share with your loved ones so they can visit at any time.

Is there parking?

Free parking is available for loved ones. The administrative officer will ask you for their information when you are admitted.

Will I have easy access to a doctor?

The doctor on call visits residents daily to assess their condition. You will be followed closely to make sure you are comfortable.

Which health professionals work on the unit?

A specialized team of dedicated nurses, auxiliary nurses, and attendants is available at all times. If needed, other professionals such as spiritual care providers and social workers can support you and your loved ones.

Are the palliative care rooms private?

You will have access to a private room with a bathroom shared with another resident. Each room has a fridge, a TV, and free WiFi. Rooms also have an armchair that pulls out into a bed if a loved one wants to stay the night.

Is there somewhere I can spend time with my family?

You can spend time with visitors in your room or in the family room next to the unit. The family room has a kitchenette, a large table, a lounge area, and several games for children. You can use the room whenever it's free or book it with the unit's administrative officer to make sure it's available for your visitors.

Is there an outdoor area I can use?

The palliative care unit has an outdoor space that's accessible depending on the season. Benches and an adapted swing let you enjoy spending time in the garden.

Will I be allowed to go out with my loved ones or spend an evening at home with my family?

Yes, you can go out, but only if it's safe given your condition. However, transportation must be arranged by you and your family.

Can my pet visit?

Housetrained pets are welcome to visit the unit but must be accompanied by their owner at all times.

Who does the laundry?

Your loved ones must do your laundry.

Will I be allowed to smoke during my stay?

There is a designated smoking area outside the main entrance of the CHSLD. It is the only place where smoking is legally allowed. You must be able to get there on your own or with the help of your loved ones. We aren't able to help you get to the smoking area.