

Follow-up after your hospital stay

What is this service for?

This service provides you with support after your hospital stay. A nurse is available to answer your questions and support you during your recovery.

To speak to a nurse: **1-844-928-9312**

- You **can call any time**, 24 hours a day, 7 days a week. If no one answers, leave a message. A nurse will call you back shortly.
- This service is available for **30 days following your hospital stay**.

In case of an emergency, call 911.

You'll receive a text message from

1-581-702-3290

This message is sent by our team to support you during your recovery.

Your resources after your hospital stay

Your pharmacist	Your medical follow-up	Your care at home
• Questions about your medication • Renewing or adjusting your medication • Minor health concerns, such as constipation or a sore throat	• Make a follow-up appointment after your hospital stay • Discuss a known or non-urgent health concern • Get medical forms completed for sick leave, insurance, or a workplace accident	• Schedule your follow-up appointments • Follow your treatments or care plan • Take your medications as directed • Follow your care team's recommendations