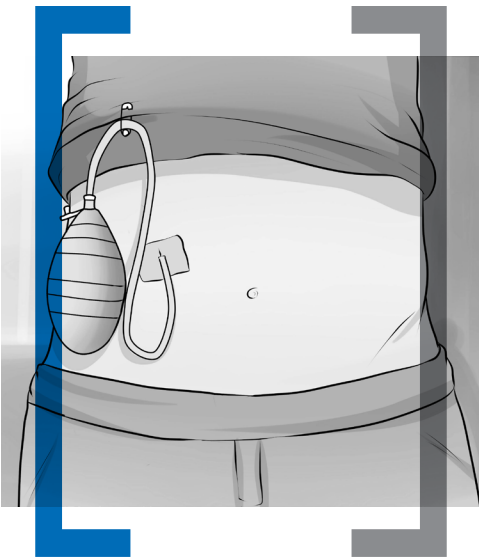




RETURNING HOME WITH A JACKSON-PRATT DRAIN

What you need to know

This leaflet contains helpful information about the Jackson-Pratt drain that has been installed temporarily after your surgery.

What is a Jackson-Pratt drain?

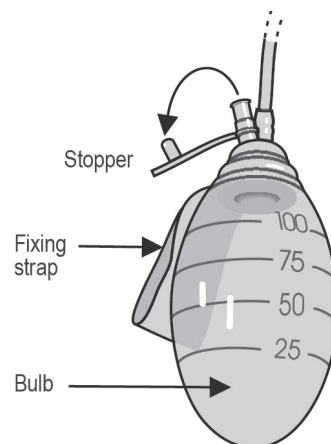
A drain is a tube that is inserted temporarily after a surgery. Installed near your surgical site, it prevents blood and fluid from building up inside your body. It does not prevent you from going home, because it is easy to care for and involves no risk to you.

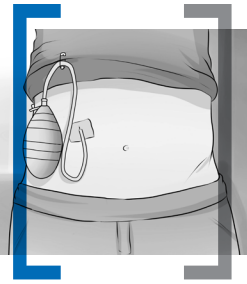
In general, the drain will be left in place for 5-10 days, as prescribed by your surgeon. Either the surgeon or a nurse will remove it at the appointed time.

Do not remove it yourself.

A Jackson-Pratt drain is made up of two parts:

- A **small tube** connecting your body to the bulb.
- A **bulb** that collects the fluid.





RETURNING HOME WITH A JACKSON-PRATT DRAIN

What you need to know

Always wash your hands
before and after
touching your drain

Monitoring your drain

- Make sure the drain tube isn't stretched, compressed, bent, or detached from the bulb.
- Make sure the bulb isn't too full, and drain it as soon as it's **two-thirds full**. Seek medical attention if you notice a sudden increase in the amount of fluid in the bulb.
- Keep an eye on the colour and consistency of the fluid. The colour may **vary** from reddish to pinkish-yellow to yellow. Seek medical attention if you notice a significant change (e.g., if greenish-coloured fluid or bright red blood suddenly appears). Make sure the bulb is located below the tube insertion site so the fluid can flow freely.
- Make sure the bulb is always securely fastened to your clothing with a safety pin.
- Make sure the dressing is always clean and dry. Do not take a bath or shower with the drain in place.
- Make sure the drain bulb is compressed at all times. Squeeze the air out of the bulb as needed.

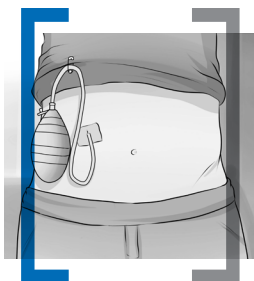
If you have more than one
drain, you must empty
each bulb separately

Emptying the drain

You must empty the drain at least twice a day (morning and evening). You may need to empty the drain more often in the first few days. Do not rinse the inside of the bulb.

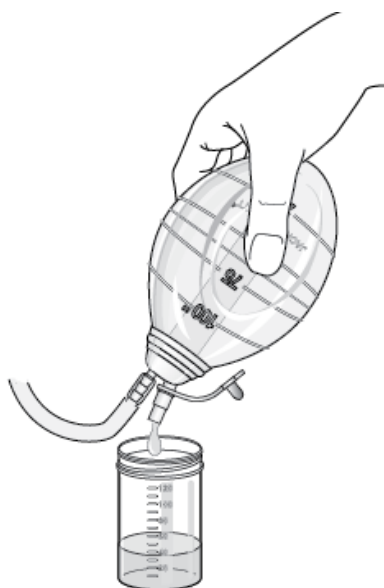
Instructions:

1. Wash your hands with soap and water.
2. Open the measuring container you were given after your surgery.
3. Open the stopper while holding the bulb in an upright position (stopper pointing up).
4. Turn the bulb upside down to pour the fluid into the measuring container, taking care not to touch the container.
5. As needed, gently squeeze the bulb to empty the fluid.

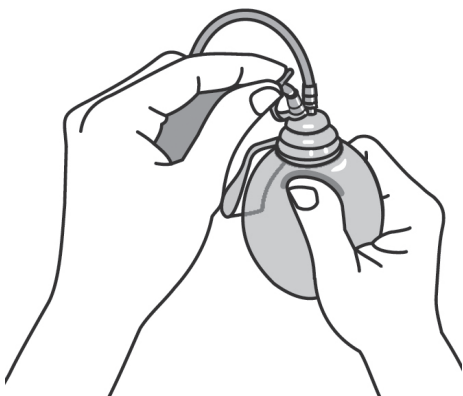


RETURNING HOME WITH A JACKSON-PRATT DRAIN

What you need to know

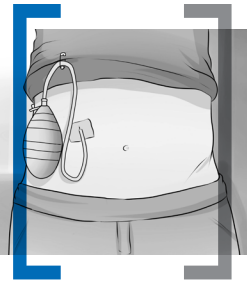


6. Once completed, empty the air from the bulb:
 - a. Return the bulb to the upright position (stopper pointing up);
 - b. Gently squeeze the bulb;
 - c. Close the stopper.
7. Pin the drain to your clothing.
8. Write the amount and colour of the fluid in the chart.
9. Pour the contents of the container down the toilet.
Rinse the measuring container and replace the lid.
10. Wash your hands.



Important:

- Do not take a bath or shower with the drain in place.
- Call **Info-Santé (811)** or your CLSC nurse if you develop any of these signs or symptoms:
 - Chills or fever ($\geq 38.5^{\circ}\text{C}$ or 100.4°F);
 - Foul-smelling fluid;
 - Change in appearance of the fluid (colour or consistency);
 - Rapid increase in the amount of fluid;
 - Sudden stop in the drainage of fluid;
 - Worsening of the pain at the drain site;
 - Detached or wet dressing;
 - The bulb inflates immediately after replacing the stopper.



RETURNING HOME WITH A JACKSON-PRATT DRAIN

What you need to know

DAY 0 (surgery)

Time	Amount	Colour
Total:		

DAY 1

Time	Amount	Colour
Total:		

DAY 2

Time	Amount	Colour
Total:		

DAY 3

Time	Amount	Colour
Total:		

DAY 4

Time	Amount	Colour
Total:		

DAY 5

Time	Amount	Colour
Total:		

Our mission

To maintain, improve, and restore the health and well-being of the Québec population by making accessible an array of integrated and quality health and social services, while contributing to the social and economic development of Québec.

Our vision

Accessible and efficient health care and services that adapt to the needs of Québécois.

Our goals

The CISSS de la Montérégie-Ouest achieves its goals through its innovative approaches and stands apart through:

- its exemplary offer of care and integrated services based on interdisciplinarity, accessibility, and adaptability to the needs of its population;
- its willingness to question and improve its professional, clinical, and administrative practices;
- its appreciation of its personnel and the implementation of human resource management practices;
- its strong relationships with its partners.

Our values

Our actions are guided by five equal and interconnected values: compassion, collaboration, commitment, confidence and consistency.