A death at home

This information sheet guides you through what steps to take when a loved one dies at home.

Take time to say goodbye

After the person dies, take as much time as you need to say goodbye.

You might also want to:

- Notify anyone who wanted to be present;
- Spend some quiet time with your loved one;
- Honour their life according to your beliefs and traditions.

If the death was expected and arrangements have been made with the care team, you do not need to call 911. Instead, follow the instructions below to contact the team.



INFORM THE CARE TEAM

Follow the instructions agreed upon with your care team:

Monday to Friday, from 8 a.m. to 4 p.m.

Call the nurse or doctor at the following number:

_____

After 4 p.m. and on weekends and holidays

Call the 24/7 line: 1-800-361-7073

Call the funeral home

After informing the care team, call the funeral home of your choice.

Attending to the deceased person

If you feel comfortable doing so:

- Lay the person on their back;
- Place a pillow under their head;
- Gently close their eyes;
- Cover them with a blanket.

Santé Québec Montérégie-Ouest
November 2026

Tissue donation

If your loved one wanted to be a tissue donor:

- Visit the Héma-Québec website;
- Or call 1-888-366-7338 (option 2).

Information to give the funeral home

If possible, have the following information ready about the deceased person:

- Health insurance number;
- Social insurance number;
- Parents' names;
- Place of birth;
- Place of baptism (if applicable);
- Date and place of marriage (if applicable);
- Photos and clothing for the viewing (if applicable).

If the person was married

The funeral home may also ask for the following information about the person's legal spouse:

- Social insurance number;
- Parents' names;
- Place of birth;
- Place of baptism (if applicable);
- Date and place of marriage.

For more information about what to do in the event of death, visit: quebec.ca/en/family-and-support-for-individuals/death/what-to-do-in-the-event-of-death

USEFUL RESOURCES

Info-Santé 811, option 2

deuilanime.ca

mondeuil.ca

ledeuil.ca

lappui.org - 1-855-852-7784

Help line

Tel-Aide: 514-935-1101

Le Deuil help line: 1-833-326-8837

Grief kit

santemonteregie.qc.ca/en/west/documentation/navigating-grief-one-step-time

Notes

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