

Dossier :

Nom, Prénom :

Date de naissance :

AAAA-MM-JJ

☐ F ☐ M

NAM :

Exp.

AAAA-MM

Nom, Prénom de la mère :

PREPARATION - VIRTUAL COLONOSCOPY
HOPITAL DU SUROIT AND
BARRIE MEMORIAL HOSPITAL

Weight: _____ kg Height: _____ cm

Allergies: _____

Preparation for virtual colonoscopy

The day before the test

Start the liquid diet as soon as patient wakes up (see the attached list of liquids allowed and not allowed).

_____ Magnesium oxide, citric acid and sodium picosulfate (Pico-Salax^{MC})

Initials

Between **8:30 a.m.** and **2:30 p.m.**:

Dilute one sachet of Pico-Salax in 150 ml of cold water and stir for 3 minutes until the laxative is completely dissolved.

Have the patient drink the entire contents of the glass.

Over the next 4 hours, the patient must drink 3 large glasses of water (total of 1,500 ml).

Pico-Salax takes about 3 hours to work.

_____ Barium sulfate (READI-CAT2^{MC} *)

Initials

Between **12 p.m.** and **5 p.m.**:

Shake the bottle of READI-CAT2 and store at the desired temperature.

Divide the liquid into two equal parts of 225 ml each.

The patient must drink one dose (225 ml) with lunch and one dose (225 ml) with supper.

_____ Bisacodyl tablet

Initials

Around **8 p.m.**: bisacodyl 10 mg PO

_____ Diatrizoate meglumine and diatrizoate sodium solution (Gastrographin^{MC}*)

Initials

1 hour before bedtime, mix 30 ml of Gastrographin with 125 ml of a permitted liquid (see attached list) and have the patient drink the entire contents.

On the day of the test

Give the patient their prescription medication with a small sip of water

* This product is not provided by the pharmacy; it is available from the central store.

_____ Date and time (yyyy/mm/dd)

_____ Prescriber's signature

_____ License #

☐ Sent by _____ (init.)

Time sent: _____

Prescription noted by: _____ (nurse's init.)

Appendix

Clear liquids allowed

- Water
- Sports drinks, such as Gatorade or Powerade
- Clear fruit juice (pulp-free orange, apple, white cranberry, white grape, lemonade)
- Clear, filtered broth (no meat or vegetables)
- Jell-O without fruit
- Clear soft drinks (ginger ale, 7 Up, Sprite)
- Black tea, coffee, herbal tea (no milk or cream)
- Popsicles
- Hard candy

Liquids not allowed

- Dairy products
- Meal replacements (Boost, Ensure, Glucerna)
- Tomato or vegetable juice
- Alcohol