



NEW



Support for new parents and baby

Dear new parents,

During your time with us, our nurses will support you every step of the way as you begin this exciting journey into parenthood. To make sure we give you all the support and guidance you need, please take a few moments to **let us know what topics you would like to discuss before you leave** (you will be given a teaching guide).

We've also added a new page to the Portail Santé Montérégie that contains essential information. We encourage you to watch the videos and read the information sheets.

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