



NEW



Support for expectant and new parents

We are pleased to announce that we have added a new page to the Portail Santé Montérégie, designed specifically for expectant and new parents.

This new resource was designed to provide you with reliable information about important topics related to parenthood.

Whether you're getting ready to give birth or just recently welcomed your new baby, we strongly encourage you to explore this page.

You'll find valuable advice and essential information to guide you through every step of the rewarding journey of parenthood.

Take the time to read up and prepare so you can approach each new milestone with confidence and peace of mind.

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