

What is IVAC and why file a claim?

The Indemnisation des victimes d'actes criminels (IVAC) is a provincial program intended to help victims of criminal offences, including sexual assault. The program provides compensation to victims for the harm they suffered by offsetting certain costs (\$), such as psychotherapy sessions, moving expenses, etc.



To qualify:

You must file a claim, which will be evaluated. For more information, call **1-800-561-4822** or scan the QR code.

Spare slide for DNA analysis

If a spare slide of the perpetrator's DNA was collected, it will be kept permanently at the designated centre.

With your consent, this slide can be shared with the relevant authorities

It is very important that you follow up with your family doctor or CLSC youth clinic 2 weeks, 3 months and 6 months after the event.



For more information

You can expect a call in the next few days.

- ☐ CALACS La Vigie
- ☐ CALACS Châteauguay
- ☐ CAVAC
- ☐ CLSC: _____
- ☐ Rebâtir: _____
- ☐ Other: _____

Resources

In the aftermath of a sexual assault, it is only normal to feel like you are struggling. Do not hesitate to ask for support to help you through the process.



To consult them

Scan the QR code to consult the assistance and accompaniment resources that offer psychological, medical and social support to victims.

My checklist

When leaving a designated centre
(medico-legal kit/medico-social kit)

TO BETTER GUIDE YOU



santemonteregie.qc.ca/ouest

The emergency team at the designated centre provides specialized support to anyone who has been the victim of a sexual assault.

They can perform a medico-legal kit or a medico-social kit, depending on: your statement, the length of time since the sexual assault and your needs.

What is it?

Medico-legal kit

This kit allows health professionals to **collect DNA evidence** from your body to **support a possible police investigation**. Samples can be collected for up to 7 days after the sexual assault, and are stored in the medico-legal kit.

Medico-social kit

After 7 days, the collection of samples is no longer recommended. The emergency worker will document the elements of the sexual assault with a medico-social kit, **without collecting forensic evidence**. The medico-social kit can also be performed when there is no need for a forensic exam, or when the victim does not intend to report the assault to the police.

The decision to report the sexual assault to the police is entirely yours. If you choose not to report it, the kit will still be kept at the designated centre for a period of six months, to allow you time to reconsider your decision and file a complaint if you wish.

You have probably been given a lot of information. You may be feeling overwhelmed or unable to process it all.

This tool will help explain what was done today and what the next steps are. You can add notes about your situation and refer back to them in the days and weeks ahead.

Intervention team at the designated centre

Date: _____ Time: _____

Designated centre: _____

Name of doctor who performed the exam:

Name of worker: _____

Telephone: _____

Kit used	No.
☐ Medico-legal kit	☐ Medico-social kit
☐ Given to the police	
☐ Thinking about it. Follow-up agreed on:	
☐ Kit retention period end date:	
	____ / ____ / ____

Police statement

Event number: _____

Date of statement: _____

Officer's name: _____

Contact information: _____

Examinations, tests and samples

- ☐ Physical examination
- ☐ Gynecological/genital examination
- ☐ Pregnancy test
- ☐ Screening for sexually transmitted and blood-borne infections (STBBIs):
 - ☐ Gonorrhea
 - ☐ Syphilis
 - ☐ HIV
 - ☐ Chlamydia
 - ☐ Hepatitis B
- ☐ Other: _____

Medical treatment or care administered

- ☐ Chlamydia prophylaxis
Specify: _____
- ☐ Gonorrhea prophylaxis
Specify: _____
- ☐ Hepatitis B immune globulin
- ☐ Hepatitis B vaccine
Date of 1st dose: _____
Date of 2nd dose:* _____ (1 month after 1st dose)
Date of 3rd dose:* _____ (6 months after 1st dose)
* To receive your second and third doses at one of our points of service, please book an appointment online on Clic Santé. Select the option "Vaccination" then select "Hepatitis A and hepatitis B vaccination".
- ☐ HIV prophylaxis*
* Studies show that contracting HIV following a sexual assault is extremely rare
- ☐ Emergency contraception (Plan B)
- ☐ Anxiety or pain medication
Specify: _____

- ☐ Medical note for sick leave (work or school)
- ☐ Medical report for IVAC claim
- ☐ Other: _____
- ☐ Appointment for medical follow-up at the designated centre
Date: _____ Time: _____