



Risk management approaches

For senior and alternative housing (SAH)

A living environment that feels like home

The SAH approach is focused on the resident and their needs and safety. Residents are empowered to make decisions that align with their lifestyle and pace.

SAH provides a home-like environment that respects each person's needs, encourages an active lifestyle, and supports independent decision-making.

What you need to know

- SAH prioritizes inclusion, social participation, and the preservation of residents' abilities. The care team, the resident, and their loved ones work together to make decisions about care and daily routines.
- The partnership between the care team, the resident, and their loved ones is based on trust and the recognition of each person's value and unique knowledge.
- The organization of care is adaptable, and all decisions are based on the resident's abilities, characteristics, needs, and expectations.
- Risk management is based on accepting certain calculated risks while prioritizing the resident's safety and quality of life.
- Upon admission, various measures will be proposed to address significant risks while respecting the resident's choices.

Moving around the living environment

Residents are free to move around both inside and outside the facility.

Common areas

In common areas, residents have access to household items commonly found at home. This includes potentially sharp or hazardous objects and food in the refrigerator.

Activities

Residents can participate in daily activities such as meal prep, gardening, and workshops.

Supervision

Upon admission, the different supervision options will be explained to help the resident and/or their loved ones make an informed decision. Preferences about the timing, frequency, locations, and types of supervision can be adjusted at any time, as needed.

Key decision-makers

Residents capable of doing so will identify their key decision-makers. If a resident is unable to do so, a legal representative or a significant person will identify these individuals. Key decision-makers will participate in meetings about specific risks to help determine acceptable levels and appropriate interventions.

Questions to consider

How do you picture your new “home”?

Are you comfortable accepting certain risks so you can enjoy your favourite activities?

If you became physically or mentally incapable, would you still want to have some control over your daily routine?

