Brief intensive home treatment

This service provides mental health care and support in your home or living environment during a difficult time. It can help you avoid hospitalization or reduce the length of your hospital stay.



Who will support you?

A team of health professionals will provide care and support. The team may include a psychiatrist, nurses and other care providers, all working together to help you.

What does the follow-up care involve?

The team will assess your needs and work with you to plan your care. Initially, they may visit you several times a day, gradually reducing the frequency of these visits. Follow-up care usually lasts **4-12 weeks**.

What happens after the follow-up care ends?

The team will refer you to the service best suited to your needs so you can continue your recovery.

Our shared commitments

We each have a role to play in making sure your care goes smoothly.

What you can expect from the team:

- Treat you with respect
- Listen to you without judgment
- Provide a safe environment
- Explain the care and services available to you
- Provide support tailored to your needs

What the team expects from you:

- Be honest with the team
- Treat others with respect
- Attend your appointments
- Let us know as soon as possible if you cannot attend an appointment
- Participate in your care to the best of your ability

Santé Québec Montérégie-Ouest
Octobre 2026

Santé Québec

Protecting your personal information

The team members will take measures to protect your personal information and respect your privacy. To provide you with the best possible care and support, they may share certain information with one another.

Thank you for placing your trust in us.

To contact us

450-638-3933

Monday to Friday: 8 a.m. to 11 p.m.
Saturday and Sunday: 8 a.m. to 10:30 p.m

Notes

QUESTIONS?

Need support outside of business hours?

You can contact the
La Maison sous les arbres crisis centre.

450-699-5935
2 boulevard D'Anjou, Châteauguay

E104

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