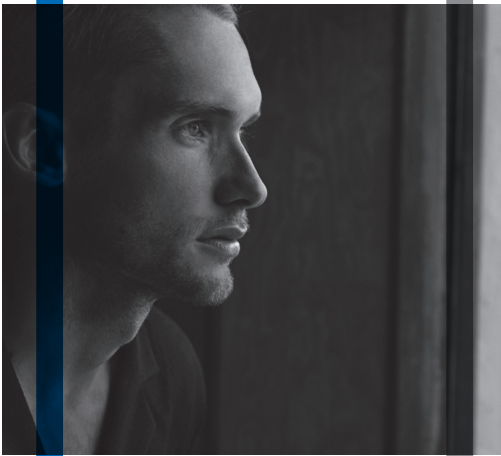




PSYCHOSOCIAL SUPPORT SERVICES A NEW FEATURE OF YOUR FAMILY MEDICINE GROUP (FMG)

What you need to know

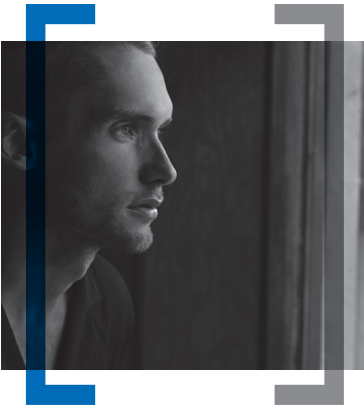
Psychosocial support services are now available in your FMG. Follow-up is short-term (maximum 12 meetings) and is conducted on an interdisciplinary basis with doctors and other professionals

Clients 18 years of age or over who require services may meet with a social worker for the following situations:

- Adaptation à la maladie
- Conflits au travail
- Dépendance (alcool, drogue, jeu)
- Détresse psychologique
- Deuil
- Difficultés d'adaptation
- Épuisement
- État de crise
- Isolement
- Perte d'emploi
- Peur
- Problème relationnelle familiale ou conjugale
- Situation socio-économique difficile
- Stress / anxiété
- Violence

For children's services (under 18 years) and parental coaching, you should call the CLSC in your sector.

For all other services, please contact a member of your FMG team.



PSYCHOSOCIAL SUPPORT SERVICES

A NEW FEATURE OF YOUR FMG

What you need to know

Emergency Contact Information

For situations requiring immediate intervention:

- **Info-Social**
8-1-1
- **Crisis Centre for Jardins-Roussillon**
Maison sous les arbres
2, boulevard d'Anjou, Châteauguay
450-699-5935
- **Crisis Centre for Haut-Saint-Laurent, Suroît
and Vaudreuil-Soulanges**
Le tournant
414, rue Salaberry Ouest, Salaberry-de-Valleyfield
450-371-2820
- **Suicide Prevention Centre**
1 866 APPELLE (277-3553)

Our mission

To maintain, improve, and restore the health and well-being of the Québec population by making accessible an array of integrated and quality health and social services, while contributing to the social and economic development of Québec.

Our vision

Accessible and efficient health care and services that adapt to the needs of Québécois.

Our goals

The CISSS de la Montérégie-Ouest achieves its goals through its innovative approaches and stands apart through:

- its exemplary offer of care and integrated services based on interdisciplinarity, accessibility, and adaptability to the needs of its population;
- its willingness to question and improve its professional, clinical, and administrative practices;
- its appreciation of its personnel and the implementation of human resource management practices;
- its strong relationships with its partners.

Our values

Our actions are guided by five equal and interconnected values: compassion, collaboration, commitment, confidence and consistency.