Centre intégré
de santé
et de services sociaux
de la Montérégie-Ouest
Québec

Dossier :

Nom, Prénom :

Date de naissance : ☐ F ☐ M
aaaa-mm-jj

NAM : Exp.
aaaa-mm

Nom, Prénom de la mère :

Installation : _____

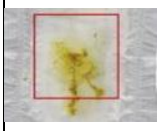
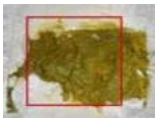
BOWEL ELIMINATION CHART
AT-HOME PALLIATIVE CARE

Date	Time	Type of stool (1 to 7)	Size **T**: Trace **S**: Small **A**: Average **L**: Large
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Nom : Prénom : #Dossier :

Type of stool (Bristol stool scale)		
Constipation		**1 -** Separate, hard lumps, like nuts (hard to pass)
		**2 -** Sausage-shaped, hard and lumpy (hard to pass)
Normal transit		**3 -** Like a sausage but with cracks on its surface
		**4 -** Like a sausage or snake, smooth and soft
		**5 -** Soft blobs with clear-cut edges (passed easily)
Diarrhea		**6 -** Fluffy pieces with ragged edges, a mushy stool
		**7** - Watery, no solid pieces; entirely liquid

Amount	
 **T -** Trace	 **S -** Small Less than 250 mL or the size of a lemon
 **A -** Average 250-500 mL or the size of an orange	 **L -** Large More than 500 mL or the size of a grapefruit

References: Institut universitaire de gériatrie de Montréal (n.d.) Legend on user's bowel elimination chart.
Registered Nurses' Association of Ontario (2011). Prevention of Constipation in the Older Adult Population