

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| Group No.<br><div style="border: 1px solid black; display: flex; justify-content: space-between; padding: 2px;"> <span style="font-size: 1.2em; font-weight: bold;">1</span> <span style="font-size: 1.2em; font-weight: bold;">0</span> <span style="font-size: 1.2em; font-weight: bold;">3</span> <span style="font-size: 1.2em; font-weight: bold;">0</span> <span style="font-size: 1.2em; font-weight: bold;">0</span> <span style="font-size: 1.2em; font-weight: bold;">0</span> </div> | Employer No.<br><div style="border: 1px solid black; display: flex; justify-content: space-between; height: 20px;"></div> |
| Identification No. (provided by the Insurer at the time of application)<br><div style="border: 1px solid black; display: flex; justify-content: space-between; height: 20px;"></div>                                                                                                                                                                                                                                                                                                            |                                                                                                                           |

## 1. INFORMATION ABOUT PARTICIPANT

|                                                                                                                                                                                                                                  |  |                               |  |                                                                                                                                     |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------|--|-------------------------------------------------------------------------------------------------------------------------------------|--|
| Group name<br><b>FÉDÉRATION INTERPROFESSIONNELLE<br/>DE LA SANTÉ DU QUÉBEC</b>                                                                                                                                                   |  | Employer name                 |  | Employee No                                                                                                                         |  |
| First name                                                                                                                                                                                                                       |  | Last name                     |  | Date of birth (YYYY/MM/DD)                                                                                                          |  |
|                                                                                                                                                                                                                                  |  |                               |  | Gender<br><input type="checkbox"/> F <input type="checkbox"/> English<br><input type="checkbox"/> M <input type="checkbox"/> French |  |
| Apt.                                                                                                                                                                                                                             |  | No., Street                   |  | City                                                                                                                                |  |
|                                                                                                                                                                                                                                  |  |                               |  | Province                                                                                                                            |  |
|                                                                                                                                                                                                                                  |  |                               |  | Postal Code                                                                                                                         |  |
| Email address <sup>1</sup>                                                                                                                                                                                                       |  | Main phone                    |  | Ext.                                                                                                                                |  |
|                                                                                                                                                                                                                                  |  |                               |  |                                                                                                                                     |  |
|                                                                                                                                                                                                                                  |  | Phone (other)                 |  | Ext.                                                                                                                                |  |
|                                                                                                                                                                                                                                  |  |                               |  |                                                                                                                                     |  |
| <b>Note 1:</b> By giving my email address, I consent to receiving only documents that concern my group insurance.                                                                                                                |  |                               |  |                                                                                                                                     |  |
| Civil status                                                                                                                                                                                                                     |  |                               |  | Since (YYYY/MM/DD)                                                                                                                  |  |
| <input type="checkbox"/> Single <input type="checkbox"/> Married or civil union <input type="checkbox"/> Common-law spouse <input type="checkbox"/> Widowed <input type="checkbox"/> Divorced <input type="checkbox"/> Separated |  |                               |  |                                                                                                                                     |  |
| Employment date (YYYY/MM/DD)                                                                                                                                                                                                     |  | Eligibility Date (YYYY/MM/DD) |  | Status                                                                                                                              |  |
|                                                                                                                                                                                                                                  |  |                               |  | <input type="checkbox"/> permanent <input type="checkbox"/> temporary <input type="checkbox"/> other: _____                         |  |
| Job title                                                                                                                                                                                                                        |  | Annual salary                 |  | Work schedule                                                                                                                       |  |
|                                                                                                                                                                                                                                  |  | \$ _____                      |  | <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time: _____% or _____ hours/week                                   |  |

## 2. REASON FOR MODIFICATION

☐ Life event (birth, marriage, etc.): \_\_\_\_\_  
☐ Review of % of time worked

Effective date of the event

|      |       |     |
|------|-------|-----|
|      |       |     |
| Year | Month | Day |

**Please place a check mark beside the changes you would like to make to your insurance plans, in section 3 below.**

### 3. PLAN

|                                                                 |  |  |                                                    |  |  |                                                                                 |  |  |  |  |  |
|-----------------------------------------------------------------|--|--|----------------------------------------------------|--|--|---------------------------------------------------------------------------------|--|--|--|--|--|
| <b>Health Insurance Plan - Mandatory</b>                        |  |  |                                                    |  |  | <b>Dental Care Plan</b>                                                         |  |  |  |  |  |
| <b>Module selection<sup>2</sup></b>                             |  |  | <b>Participant status</b>                          |  |  | <b>Participant status<sup>5</sup></b>                                           |  |  |  |  |  |
| <input type="checkbox"/> Bronze                                 |  |  | <input type="checkbox"/> Individual                |  |  | <input type="checkbox"/> Individual                                             |  |  |  |  |  |
| <input type="checkbox"/> Silver                                 |  |  | <input type="checkbox"/> Single-Parent (no spouse) |  |  | <input type="checkbox"/> Single-Parent (no spouse)                              |  |  |  |  |  |
| <input type="checkbox"/> Gold                                   |  |  | <input type="checkbox"/> Family                    |  |  | <input type="checkbox"/> Family                                                 |  |  |  |  |  |
| <input type="checkbox"/> Exemption <sup>3</sup>                 |  |  |                                                    |  |  | <input type="checkbox"/> I wish to end my participation in the Dental Care Plan |  |  |  |  |  |
| Minimum participation requirement: <b>24 months<sup>4</sup></b> |  |  |                                                    |  |  | Minimum participation requirement: <b>36 months</b>                             |  |  |  |  |  |

  

|                                                                                                                                   | I want to apply                                                             | I want to add                     | I want to remove                                                    |
|-----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------|---------------------------------------------------------------------|
| <b>Life Insurance Plan</b>                                                                                                        |                                                                             |                                   |                                                                     |
| <b>Participant's Basic Life</b> (includes Participant's Basic AD&D)<br>– Amount: \$5,000                                          | <input checked="" type="checkbox"/>                                         | n/a                               | n/a                                                                 |
| <b>Spouse's and Dependent Children's Life<sup>6</sup></b><br>– Spouse: \$3,000                      – Dependent children: \$3,000 | n/a                                                                         | <input type="checkbox"/>          | <input type="checkbox"/>                                            |
| <b>Participant's Optional Life</b> (maximum \$100,000)<br>(includes Participant's Optional AD&D)                                  | <b>Select the desired amount of insurance for this benefit<sup>7</sup>:</b> |                                   |                                                                     |
|                                                                                                                                   | <input type="checkbox"/> \$5,000                                            | <input type="checkbox"/> \$10,000 | <input type="checkbox"/> \$15,000 <input type="checkbox"/> \$25,000 |
|                                                                                                                                   | <input type="checkbox"/> \$50,000                                           | <input type="checkbox"/> \$75,000 | <input type="checkbox"/> \$100,000 <input type="checkbox"/> None    |
| <b>Participant's Optional Life</b> (\$125,000 or more) <sup>8 and 9</sup><br>– 1 to 16 units of \$25,000 <sup>10</sup>            | No. of units:                                                               | _____                             | _____                                                               |
| <b>Spouse's Optional Life<sup>9</sup></b><br>– 1 to 20 units of \$25,000 <sup>10</sup>                                            | No. of units:                                                               | _____                             | _____                                                               |

  

|                                            |                                     |     |     |
|--------------------------------------------|-------------------------------------|-----|-----|
| <b>Long-Term Disability Insurance Plan</b> | <input checked="" type="checkbox"/> | n/a | n/a |
|--------------------------------------------|-------------------------------------|-----|-----|

**Note 2:** Employees who do not have permanent full-time employee status, or 70% or more of full-time status, will automatically be assigned the Bronze module after one month of continuous service. The module selection of these employees will be applied at the end of the waiting period for all plans, i.e. after three months of continuous service. | **Note 3:** To take advantage of their exemption entitlement, salaried employees must establish that they and their dependents are covered under another group insurance plan with similar benefits. | **Note 4:** This period must be completed before an alternate module associated with a decrease in coverage may be selected. An alternate module associated with an increase in coverage may be selected at any time. | **Note 5:** The participant status selected for the dental care plan may be different from the one selected for the health insurance plan. Please refer to the contract for details of the available participant status combinations. **Note 6:** Participation in this benefit is **mandatory** for those whose participant status is other than Individual for the Health Insurance Plan. | **Note 7:** If the request is made within the 30-day period following the initial date of eligibility for this benefit, evidence of insurability is required for any excess over \$75,000. Following the expiry of this period, evidence of insurability is required for any subsequent amount of insurance. | **Note 8:** To enrol in this benefit, participants must have \$100,000 of Participant's Optional Life (maximum: \$100,000). | **Note 9:** Includes vested rights. | **Note 10:** Evidence of insurability is required at all times.

4. INFORMATION ABOUT DEPENDENTS

|          | Last name | First name | Gender<br>F M                                     | Date of birth<br>(YYYY/MM/DD) | Dependent<br>child with a<br>functional<br>impairment <sup>11</sup> | Fill this out for a dependent child age 18 or<br>over, who is a full-time student <sup>12</sup> |                                             |
|----------|-----------|------------|---------------------------------------------------|-------------------------------|---------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------|
| Spouse   |           |            | <input type="checkbox"/> <input type="checkbox"/> |                               |                                                                     | Start date of the school<br>year (YYYY/MM/DD)                                                   | End date of the<br>school year (YYYY/MM/DD) |
| Children |           |            | <input type="checkbox"/> <input type="checkbox"/> |                               | <input type="checkbox"/>                                            |                                                                                                 |                                             |
|          |           |            | <input type="checkbox"/> <input type="checkbox"/> |                               | <input type="checkbox"/>                                            |                                                                                                 |                                             |
|          |           |            | <input type="checkbox"/> <input type="checkbox"/> |                               | <input type="checkbox"/>                                            |                                                                                                 |                                             |
|          |           |            | <input type="checkbox"/> <input type="checkbox"/> |                               | <input type="checkbox"/>                                            |                                                                                                 |                                             |
|          |           |            | <input type="checkbox"/> <input type="checkbox"/> |                               | <input type="checkbox"/>                                            |                                                                                                 |                                             |

**Note 11:** Please contact customer service for how to proceed.  
**Note 12:** La Capitale reserves the right to ask you for written proof from the institution attended at any time.

5. WITHDRAWAL OF DEPENDENTS

Please fill in Section 3 if you wish to change your coverage, and indicate the reason for modification in Section 2.

|           |           |
|-----------|-----------|
| Full name | Full name |
|-----------|-----------|

6. BENEFICIARY DESIGNATION (for Life Insurance Plan)

| Revocable                | Irrevocable              | Full name | Percentage | Relationship to participant |
|--------------------------|--------------------------|-----------|------------|-----------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |           |            |                             |
| <input type="checkbox"/> | <input type="checkbox"/> |           |            |                             |
| <input type="checkbox"/> | <input type="checkbox"/> |           |            |                             |

**IMPORTANT NOTICE:** If percentages are indicated, they must add up to 100%. If percentages are not specified, the Life Insurance benefit will be equally shared among the designated beneficiaries. **PROVINCE OF QUEBEC:** Designating a legally married or civilly united spouse as a beneficiary is considered irrevocable unless stipulated otherwise by the participant. Any irrevocable beneficiary designation may only be modified if the beneficiary is of legal age and signs a waiver of his or her right as a beneficiary. **PROVINCES OTHER THAN QUEBEC:** A beneficiary designation is considered revocable unless stipulated otherwise by the participant. Any irrevocable beneficiary may only be modified if the beneficiary is of legal age and provides written consent to the change.

7. DESIGNATION OF A TRUSTEE (does not apply in Quebec)

If you designate a beneficiary who has not reached the age of majority, you must name a trustee.

|                  |      |          |             |
|------------------|------|----------|-------------|
| Full name        |      |          |             |
| No., Street, Apt | City | Province | Postal Code |

8. PARTICIPANT’S AUTHORIZATION

"I **hereby authorize** my employer to deduct the required premiums from my salary and **authorize** La Capitale and the plan administrator to use my social insurance number for administration purposes. Furthermore, I **authorize** any physician, any other professional and any intervening party in the field of health and rehabilitation, as well as any public or private health and social services institution, any insurance company, as well as any reinsurer, any public or private organization, any information agency, any market intermediary, any employer or ex-employer, the policyholder as well as any person holding personal files or information, particularly medical records, pertaining to me to provide to La Capitale or its service providers, any information that may be required for the processing of my file. This authorization is also valid, in the event of my death, with regard to any person or organization holding information required by La Capitale, or its service providers, that may be required for the processing of my file.

I **also authorize** La Capitale to transmit such information to the aforementioned persons when necessary, within the scope of its activities and the processing of my file."

This authorization is valid for the purposes of this contract and for any amendments, extensions or renewals. A photocopy of this authorization is considered as valid as the original.

|                                                                                     |        |                                                                                                                                                                                                                                                             |       |     |           |
|-------------------------------------------------------------------------------------|--------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----|-----------|
|  | Date : | <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> |       |     |           |
| Participant’s signature or, if a minor, signature of legal guardian                 |        | Year                                                                                                                                                                                                                                                        | Month | Day | Telephone |

9. SIGNATURE OF EMPLOYER’S REPRESENTATIVE (section reserved for human resources)

|                                                                                     |       |                                                                                                                                                                                                                                                 |       |     |       |
|-------------------------------------------------------------------------------------|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|-----|-------|
|  | Date: | <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> |       |     |       |
| Signature                                                                           |       | Year                                                                                                                                                                                                                                            | Month | Day | Phone |

10. NOTICE

The Insurer undertakes to collect and use participant’s personal information only to the extent of its relevance to this contract. The Insurer undertakes to take reasonable security safeguards to ensure the protection of the personal information collected, used, disclosed, retained or destroyed, in keeping with its sensitivity, the purposes for which it is to be used, its quantity, distribution and medium.

In this regard, only its representatives, mandataries, agents, subcontractors, reinsurers, employees, principals, officers, administrators, directors, associates and successors, and any other person who is responsible with, for or toward it, and the persons whom the insured has authorized and those who are authorized by law, will have access to the personal information of the participant. They will have such access only to the extent required for the performance of their duties or the carrying out of their assignments.

The disclosure of a participant’s personal information to a third party must be done with the Policyholder’s prior explicit consent, in accordance with the provisions set out in *An Act respecting the Protection of Personal Information in the Private Sector* and the *Civil Code of Quebec*.

|                                         |            |                         |                                      |
|-----------------------------------------|------------|-------------------------|--------------------------------------|
| <b>To contact our Customer Service:</b> | Telephone: | 418 644-4200            | Beneva                               |
|                                         | Toll free: | 1 800 463-4856          | 625 Jacques-Parizeau St, PO Box 1500 |
|                                         | Email:     | adm.collectif@beneva.ca | Quebec QC G1K 8X9 • beneva.ca        |

This form may be sent to the Insurer by mail or email, using the above contact information.  
If you do not send the original document, make sure you store it in a safe place.  
Please note that the Insurer may require the original document at any time for audit purposes.